

CANCER AID & RESEARCH FOUNDATION

ROSE DAY

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22 SEPTEMBER
NATIONAL



ANNUAL
Report
2022 - 2023



CANCER AID & RESEARCH FOUNDATION

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Hon. Patrons

Mr. Peter Rhys-Evans

Consultant Head & Neck / Thyroid Surgeon,
The Royal Marsden Hospital, London, U.K.

Dr. Jatin Shah

Prof. of Surgery & Chief, Head & Neck Service,
Memorial Sloan Kettering Cancer Center,
New York, U.S.A.

Goodwill Ambassador Ms. Pooja Bhatt : Well known Actress & Film Maker

BOARD OF TRUSTEES & MANAGEMENT 2022-2023



Mr. Shamshi Mulla
Chairman



Mrs. Savita Nathani
Chief Executive Officer



Mr. Vaseem Shaikh
Secretary General



Mr. Mahesh Bhatt
Trustee



Mr. Usman Kazi
Trustee



Mr. Aziz Mulla
Trustee

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*In the loving memory of
Our Founder*

L A T E P R O F . A . A . K A Z I

Founder of
Cancer Aid & Research Foundation (CARF) (Period: -----to -----)

We remember you with pride and gratitude. Your presence stays with us in the form of blessings. We cherish your virtues of high principles, vision, dedication, honesty and generosity. And we assure your path of righteousness will continue inspiring us and your legacy will be our philosophy.



*In the loving memory of
Our Co-founder & Chairperson Emeritus*

Prin. (Mrs.) Rashida A. Kazi

Sad Demise of Prin. Mrs. Rashida A. Kazi (10th December'2022):

With profound grief we inform the sad demise of Prin. Mrs. Rashida A. Kazi, Chairperson Emeritus and Co-Founder of Cancer Aid & Research Foundation (CARF), on Saturday, 10th December, 2022. CARF is immensely benefitted from her vision and leadership during her tenure. Her sudden and unexpected passing away will be an irreparable loss to CARF and our managing team. We pray may Almighty Allah rest her pure soul in peace and grant her JANNAT-UL-FIRDOUS (Ameen)!

From ,
THE DESK OF
CHAIRMAN

MR. SHAMSHI Z. MULLA
Chairman, (CARF)

Dear Friends,

“On behalf of CARF, I am extremely thankful to all our CSR's, donors, supporters and to the society for their every support in reaching us to our dedicated goals of making happen the advanced cancer care a reality. We believe together we have done a very significant progress in the field of cancer care and patient support, that reflect our work on what we have done and we wish to continue doing more for our society and their well-being.

As we begin with new chapter of this year, we will continue to create awareness about cancer care, to empower and support those people affected by it and also contribute our passion and dedicated efforts for other social humanitarian projects which we have undertaken for the well-being and prosperity of mankind.”



From ,
THE DESK OF
CEO



MRS. SAVITA NATHANI
Chief Executive Officer, (CARF)

Dear Friends,

“With the turn of this year, it gives me the immense pleasure to present the Annual Report 2022-23, which provides the glimpses of what we did and what we achieved throughout the year, through your extending support and our dedicated hard efforts. The most significant and extending contribution has come to us, from the generous and encouraging support from our CSR's, supporters and donors, for what we accomplished this year. We could not have reached these great heights without your trust and belief in us, which has accelerated remarkable progress in all our endeavors.”



MISSION

CARF's mission is to provide Financial & Medical services to the poor & needy cancer patients of our society. When our patients approach us for help, our team does whatever it takes to make them feel comfortable as we would do it for a member of our own family. Our core values are:

- To serve Humanity without discrimination of caste, colour or creed.
- Towards moving forward with our sincere dedication and hard work for the welfare of the poor cancer patients. Impart psychological & counseling assistance to patients in dealing with Cancer during treatment & post treatment.
- Render our services to all the poor & needy cancer patients whoever come to us with a lot of hope by wiping their tears in every way that we can help.
- To leave no stone unturned in educating the “Youth of Today” about the ill effects of consuming tobacco in all forms by screening documentary films based on cancer in Hindi & English language in schools & colleges, organising lectures by eminent doctors on how early detection of cancer can save one's life. “We are the leading NGO for cancer patients from all over. Our main motive is to reach globally, and never restrict with our services (medical as well as financial) for any cancer patient around india”.



VISION

Our vision at CARF is to reach more number of people suffering from cancer around India. Our main motive is to help them and spread awareness about cancer and helping them out to adapt healthy habits, guide them about proper treatments, helping them to start a new life through different activities/camps performed by CARF team.

In order to do this, we are focusing on three strategic priorities:

- Strengthening our network through patient development and education, and ensuring the financial sustainability through Newspaper appeals, Charity Sales, etc.
- Expanding our reach by both creating and growing existing programs – including Payroll giving
- Mobilising support to increase the understanding of what causes cancer and benefits if proper care is taken in time, thereby allowing us to support cancer affected patients & families in our community. We want you to volunteer in being a part of our foundation for this noble cause. CARF invites all the enthusiastic people of all ages who have all the courage & energy to serve their community selflessly. Our Nation has provided us with everything what we always wished and wanted, now it's your time to help in making this place a Cancer free world. Let us join CARF to be **“UNITED AGAINST CANCER”**

COUNSELING



What is counseling?

Counseling is the professional guidance of the individual by utilizing psychological methods especially in collecting case history data, using various techniques of the personal interview, and testing interests and aptitudes.

How CARF helps through counseling?

Individuals have several reactions to cancer. A person may experience fear, show strong reactions to changes to their body, or feel anxiety at the thought of treatment. Some individuals become very angry, or find it tough to cope with a feeling of loss of control. People may experience lot of stress about having to deal with side effects of treatment, like fatigue, pain or sickness. CARF helps these patients overcome these issues and face life with vigour and strength. The main role of CARF is to create an environment for the cancer patients so that they lead a life of complete positivity and motivation.

Counseling being an important part of CARF base activity was always conducted regularly over the years. With the Covid -19 restrictions, patients were unable to come for counseling sessions at CARF office. To continue this noble deed, CARF conducted counseling for cancer patients and their relatives remotely via calls. This had its own merits and de merits, but CARF has overcome it and ensured a proper support in times of need.



As per the famous phrase 'Charity begins at home,' All the staff of CARF voluntarily decided to contribute a part of their monthly salary for the wellbeing of cancer patients. I Care I Share is a scheme that enables employees to give to a charity straight from their gross salary (before tax is deducted). It is a flexible scheme for tax payer as well as non tax payer to give regularly for a good cause. I Care I share (also known as 'Payroll Giving') is a valuable and an act of regular donation directly from employee's pay.



LIVE DOCTOR SESSIONS

This year CARF has organized different informative Doctor's talk sessions by the eminent doctors. The topics discussed included, brain cancer awareness, understanding lung cancer, tobacco and cancer, Thyroid cancer, Leukemia – a type of blood cancer & skeletally related events in patients with Prostate Cancer. We

believe these talk sessions carried by our specialists and Oncologist Doctors have been very beneficial and knowledge gaining for our patients, staff members and other general public. The talk sessions were actively participated by many people. Also, the sessions have been helpful in resolving the queries of many people.

LIVE DOCTOR SESSIONS



27.04.2022

PRESENTER :-

DR. ADITYA PATIL

Consultant Neuro & Spine Surgeon
MS, MCh - Neurosurgery
Fellowship in Surgical Neuro-Oncology
(Tata Hospital)

**TOPIC : BRAIN CANCER
AWARENESS**



25.05.2022

PRESENTER :-

DR. ABHINAV ZAWAR

MBBS, MD Medicine, DM Medical Oncology,
Tata Memorial Hospital, Mumbai,
Consultant Medical Oncology,
Kamalnayan Bajaj Hospital, Aurangabad

**TOPIC : UNDERSTANDING
LUNG CANCER**



25.07.2022

PRESENTER :-

DR. KHUZEMA FATEHI

Fellowship in Head & Neck Surgery,
Tata Memorial Hospital,
Oral Cancer Specialist in SRV Hospital,
Mumbai

**TOPIC : TOBACCO & CANCER
VENUE : BYCULLA OFFICE**



24.08.2022

PRESENTER :-

DR. KARTIK KRISHNAN

MBBS, MS, MCh(Head & Neck Oncosurgery)
Consultant Head & Neck Oncosurgeon,
HCG Cancer Centre, Mumbai

**TOPIC: THYROID CANCER
VENUE : BYCULLA OFFICE**



24.09.2022

PRESENTER :-

DR. PURVA KANVINDE

MBBS, MD Pediatrics, FIAP,
FNB Pediatric Hematology-Oncology,
Bai Jerbal Hospital for Childrens

**TOPIC : LEUKEMIA - A TYPE OF
BLOOD CANCER
VENUE : BYCULLA OFFICE**



24.11.2022

PRESENTER :-

DR. MISHIL PARIKH

Consultant Orthopaedic Oncosurgeon,
Mumbai

**TOPIC: SKELETALLY RELATED EVENTS
IN PATIENTS WITH PROSTATE CANCER
VENUE : BYCULLA OFFICE**



31.01.2023

PRESENTER :-

DR. PRATEEK HEGDE

M. B. B. S. M. S. (Orthopedics), DNB (Orthopedics)
Fellowship in Orthopedic Oncology
Tata Memorial Hospital

**TOPIC: AWARENESS ON BONE & SOFT
TISSUE TUMORS
VENUE : BYCULLA OFFICE**



30.03.2023

PRESENTER :-

DR. DARSHANA RANE

M.B. B.S, D.N.B (Int. Med), D.N.B. (Med.Onc),
ESMO certified, Ex. Sr. TMH,
Adult & Pediatric Medical Oncologist,
Hemato-Oncologist (Cancer Physician)

**TOPIC: IMPORTANCE OF EARLY
DIAGNOSIS & TREATMENT OF CANCER
VENUE : BYCULLA OFFICE**

CSR

CORPORATE SOCIAL RESPONSIBILITY

Corporate Social Responsibility (CSR) is a vital aspect of modern business practices, where companies actively contribute to the social, economic, and environmental well-being of communities in which they operate. CSR initiatives aim to go beyond profit-making and embrace a broader responsibility towards society. Our CSR partners play a crucial role in helping us make a meaningful impact in the areas we serve. Through their financial contributions, expertise, and resources, they enable us to expand the reach and effectiveness of our CSR initiatives. Their support allows us to implement sustainable projects and programs that address pressing social issues and uplift underprivileged communities.

We are immensely grateful to our CSR partners for their unwavering support and commitment to our shared vision. During the FY 2022-23, CARF has utilized the majority of CSR funds on healthcare and hunger eradication.

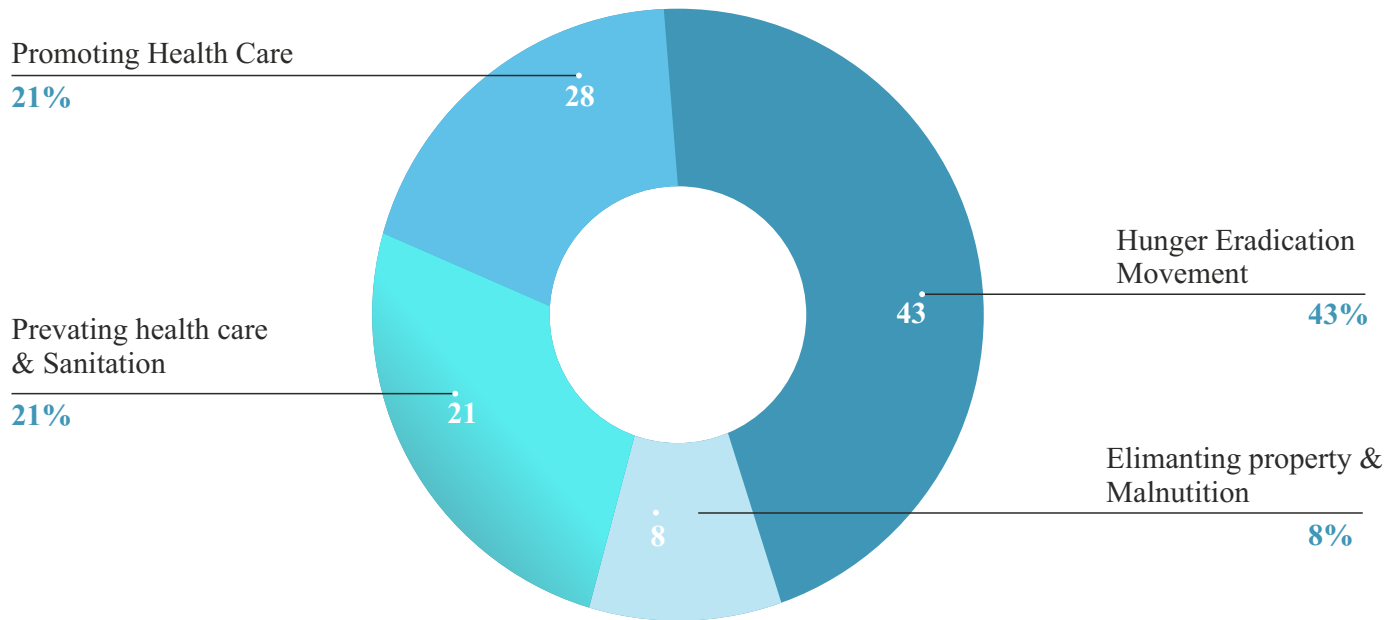
OUR CSR PARTNERS



BENEFICIARIES UNDER CSR PROJECT :-

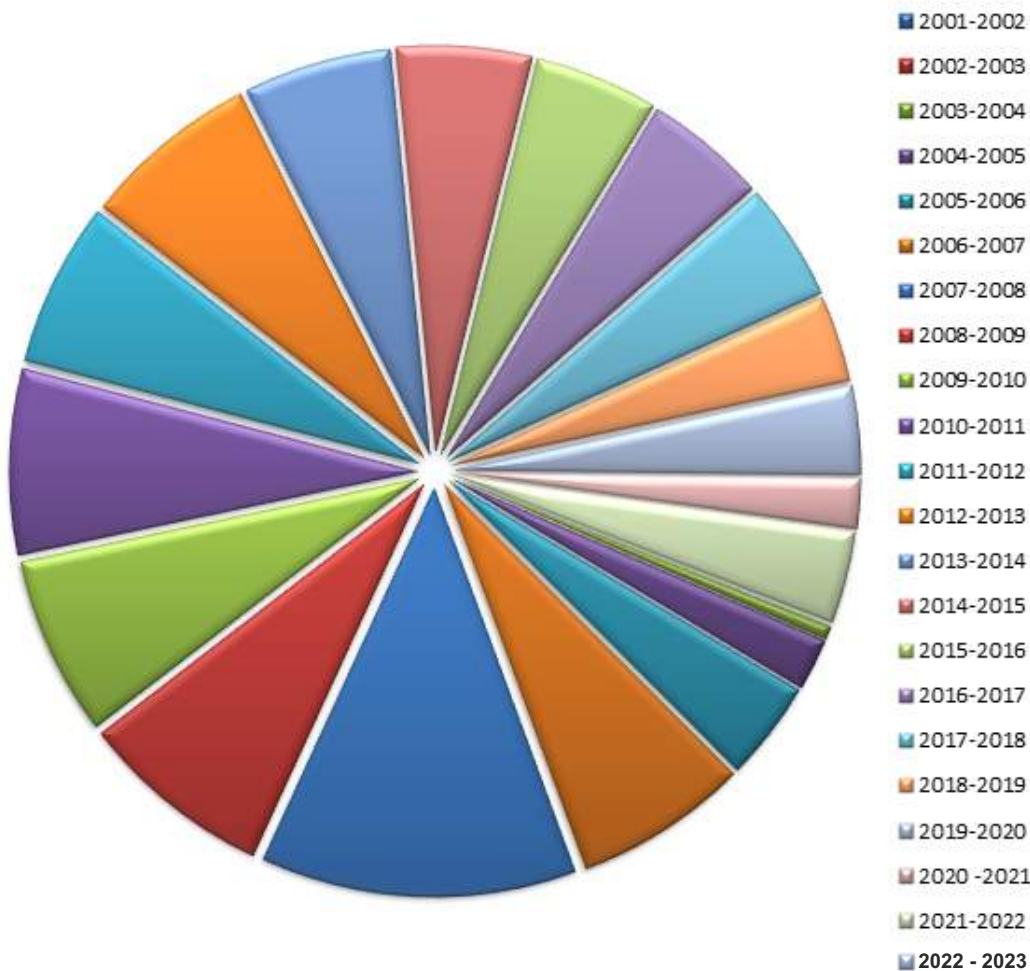
The Cancer Aid & Research Foundation's CSR project targeting underprivileged communities aims to benefit cancer patients while also addressing hunger eradication. By providing crucial support to underprivileged individuals battling cancer, including funding for treatment and medication, the foundation alleviates the burden of healthcare expenses. Simultaneously, initiatives focused on hunger eradication ensure access to nutritious food for both cancer patients and vulnerable members of society, tackling food insecurity. Through this dual approach, the foundation strives to improve the quality of life for cancer patients while contributing to the broader goal of alleviating hunger within underprivileged communities.

CSR Programmes



YEARWISE DISBURSEMENT:-

CARF TAKES PRIDE IN ANNOUNCING THAT OVER THE LAST 23 YEARS, WE HAVE EXTENDED OUR ASSISTANCE TO OVER 14,039 PATIENTS, PROVIDING SUPPORT TOTALING RS. 21,02,88,588.50.



Total Help Amount
21,02,88,588.50

The following table shows the year wise disbursement for poor & needy cancer patients against the Donation received.

**Total Help Given To
Cancer Patients From
1st April 2001 To 31st March 2023**



HUMAN RESOURCES & ADMIN (HRA)

CARF has an excellent HR department team for efficient problem solving within the foundation. The HR department undertakes the responsibility for recruitment, promotion, developing and maintaining employee welfare benefits and schemes, enforcing and implementing personal policies post treatment.



PATIENT SERVICE DEPARTMENT (PSD)

The Patient Services Department is responsible for the provision of nursing care to patients and for the coordination and enhancement of communication between the multiple health care disciplines involved in providing patient care. PSD department is closely involved with all the tasks related to the cancer patient's improvement, progress and outcome.



ACCOUNTS & FINANCE DEPARTMENT

The Accounts and Finance Department has been always efficient in not only to streamline the organizational operations, but also for other objectives, such as meeting regulatory standards and building external goodwill for CARF and for all CARF patients.



PUBLICATIONS & PUBLICITY (PPD)

The department of Publication and Publicity is entitled for publication programmes related to the cancer patients. Publication & Publicity department handles cancer patients with all kinds of appeals to deliver to the donors through the post or via emails.

CHARITY SALE & REHABILITATION DEPARTMENT

Cancer treatment, your physical therapists may help you design an individualized exercise program that combines range-of-motion training with light resistance exercises. Rehab department is responsible for teaching and helping them to get back on their feet. Our rehab team also helps them getting back to work, helping them to deal with stress, also help how to stay positive in life through various activities that take place at CRC is our only mission.



ERP DEPARTMENT

ERP (enterprise resource planning) is an IT system that helps the organization run important processes, such as financials of all the donors properly. ERP dept. basically handles all donors' details; they also deal with sending invitations of events, news bulletin, season greetings, birthday letters etc.



IT DEPARTMENT

The Department of Information Technology is responsible for coordinating the development, integration and enhancement of any organization. Information technology department of CARF is an essential part of our organization. Whether you need computers for storage, transfer, retrieval or transmission of information, you can manage your organization with greater accuracy and efficiency with the assistance of IT. CARF website is a platform for all donors, patients, as well as well-wishers of CARF to get detailed information.



DESPATCH DEPARTMENT

Dispatch department is responsible for delivering every CARF article published for every cancer patient. The entire process is carried out through remotely franking system.



WORLD ANTI - TOBACCO DAY:-



“*Anti-tobacco day*” – also known as “*No Tobacco day*”, is observed world-over on 31st May every year. The main objective of celebrating the Anti-tobacco day world-over is to promote and encourage the common public to reduce and avoid tobacco usage or its products consumption as it results into some lethal diseases like cancer, heart issues or even death. On this day, supporting the WHO's theme 2022: “*Tobacco – Threat to our environment*,” CARF also organized certain special events for the cancer patients that composed of **free oral medical health check-up with free distribution of medicines and food grain kits for the under privileged population.**



FOUNDATION DAY:-



CARF organized few special events on 20th June 2022 on the occasion of our 22nd Foundation day, with a major initiative to serve the cancer patients from impoverished background. The guest of honor for this occasion was –Mr. Hemant Pamnani, Social worker, who graced this event by his presence. Apart from the wonderful speech by our Chairman – Mr. Shamshi Mulla and CEO – Mrs. Savita Nathani, the guest of honor –Mr. Hemant Pamnani also delivered his encouraging speech for CARF appreciating all the dedicated hard efforts in the field of human care. Also, Mr. Hemant Pamnani assured his best support in future activities of CARF. During this event the generous activities performed, composed of cheque distribution and lunch for our cancer patients. Also, free ration kits were distributed to the patients and their families. All these functions were supported by M/s. Nadiadwala Grandsons Entertainment Pvt Ltd.



RAMADAN KAREEM :-



During the sacred month of Ramadan, CARF successfully organized a 'Ration Kit Distribution' event at Noori Musafir Khana, Parel on 6th April, 2023. Food packets with essential items were distributed to needy cancer patients and their families, greatly benefiting the deprived. Also we have hosted several mission sahay - medical camps and doctor sessions for public welfare. Our dedicated have touched the lives of many in need. We are pleased to have facilitated such a meaningful event, well-attended and impactful.



WORLD ROSE DAY:-

On the occasion of “World rose day” - **22nd September, 2022**, a special event was organized for cancer patients, composing of – fun activities for kids, zoomba dance, followed by roses and snacks distribution. The event was attended by many cancer patients making our efforts a resounding success.



WORLD BREAST CANCER AWARENESS DAY:-



On October 22nd – every year, this day is observed as the "World Breast Cancer Awareness Day". So, on the occasion of this "Breast cancer awareness month" CARF organized a doctor talk session hosted by Dr. Deepanjali Adulkar on 22nd October at Byculla office with a sole initiative to create awareness among female patients and give guidance of self-examination breast check-up. Also other several awareness activities were conducted by CARF during this month to create awareness among people about breast cancer and its impacts.

World Food Day:-

On the occasion of "World Food Day"-16th October'2022, CARF organized a **food distribution programme at Sanjay Gandhi Nagar, Matunga Labour Camp** for the vulnerable communities. This event was attended by many people, proving it a beautiful example of charity and dignity by their participation.



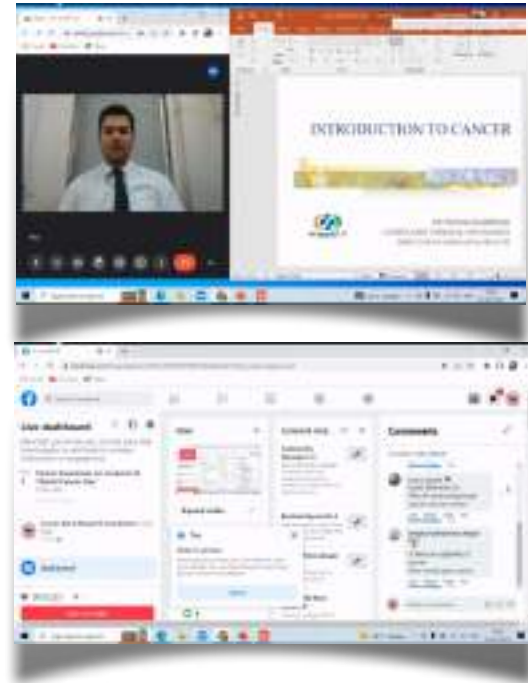
Children's Day:-

On the occasion of "Children's day - 14th November'2022, CARF organized few heart-touching and happy moments for the child patients undergoing their treatment at the Bal Jerabai Wadia Hospital, by gifting roses & goody bags among them. This event became an outstanding one with the support and encouragement given by the managing team of the Bal Jerabai Wadia Hospital, eminent doctors and all the supporting staffs.



World Cancer Day:-

CARF organized several activities for the Cancer patients on occasion of **World Cancer Day on 4th February, 2023**. These activities included raising awareness about cancer through our informative doctor talk sessions by eminent doctors and sharing awareness posts through different social media channels.



A Charity Tribute Programme :-

In the loving memory of our Co-Founder Late Prin. Mrs. Rashida A. Kazi, CARF hosted a charity event for cancer patients on 28th December, 2022 at Byculla office. The event was graced by our Chief Guest - Dr. Zahir Kazi – Hon'ble President, Anjuman-I-Islam by his presence. This event was accompanied by Mr. Irfan Kazi, Financial Analyst & Member of Anjuman-I-Islam, Hon. Chairman Advisory of CARF- Prof. Dr. Rehan Kazi, Dr. Irfana Koita Kazi, Gynecologist & Infertility Specialist, Mr. Vasim Shaikh, Secretary General was also present with our Chairman – Mr. Shamshi Mulla & CEO – Mrs. Savita Nathani respectively. During this event, greetings to all the attendees were hosted by our GM (Event Management) – Mrs. Tabassum Khan followed by a solemn tribute for a few minutes to our Co-Founder Late Prin. Mrs. Rashida A. Kazi. A short film about CARF was shown to everyone followed by speech from our Chairman – Mr. Shamshi Mulla stating the functions and future goals of CARF and he also thanked all our Donors, Supporters, CSRs and the Management team. Further, there was a brief speech from Hon. Chairman, Advisory, CARF - Prof. Dr. Rehan Kazi. A speech appreciating and honoring the efforts of CARF was given by our Chief Guest – Dr. Zahir Kazi who ensured to be with CARF in all the journeys ahead. A lunch programme followed by charitable activities including cheque and food kit distribution was organized for all the cancer patients. Overall the event was a memorable one with the support and encouragement from everyone.

20-03-1938 to 10-12-2022



Charity Event At Byculla Office - Mr. Javed Jaffrey :-



CARF organized a great **Charity Event on 27th July, 2022**, for cancer patients at Byculla office. The Guest of Honour for this programme was renowned Indian Film Actor, Choreographer and Host - Mr. Jaaved Jaffrey. Cheque and ration kits were distributed to all the deprived cancer patients, who attended this event. This Charity Event was supported by M/s. Nadiadwala Grandsons Entertainment Pvt Ltd & M/s. Lupin Ltd respectively. During this event, our Guest of Honour- Mr. Jaaved Jaffrey expressed his personal views about CARF and ensured his support to CARF in the future journeys. This event also promised immense happiness to many cancer patients and their families.



Leukemia & Lymphoma Awareness Month:-



September month is known as "Leukemia and Lymphoma Awareness month" across the world. During the entire month of September, CARF had raised several awareness campaigns, shared several informative posts to raise awareness on these common types of blood cancers – Leukemia and Lymphoma and also supported the patients diagnosed with the same in their treatment and providing necessary help and information related to the same. Also other events were conducted by CARF, which composed of several events like: Rose Day, World charity day, Live Doctor's session, with distribution of different basic kits, pamphlets and brochures composing the detailed information about these diseases.



Stoptober:-

October month is known as **STOPTOBER** month, and also this month is dedicated as "**Breast cancer awareness month.**" During October month, CARF organized the **28 days Stop Smoking challenge**, which had an overwhelming response from 1st October. This movement has been beneficial and helpful to many people in getting right support to quit smoking. Also, we could conduct the Stoptober activities in a better way with several online campaigns, expert doctor sessions and create awareness with more information through our social media informative portals.



Movember:-

The entire month of November known as "Men's Health awareness month" which is also familiarly termed as - "**NO SHAVE NOVEMBER.**" CARF organized a glorious Movember campaign of 30 days, in which our Mo-bros have actively participated by growing their moustaches and Mo-Sista's have been thoroughly encouraging and supporting them in this Movember journey. Also our Chairman – Mr. Shamshi Mulla and Hon. Chairman, Advisory - Prof. Dr. Rehan Kazi participated in this Movember campaign. At the end of the month, **the winner of the Movember campaign known as "Man of Movember"** was bagged by our CARFIAN – Mr. Amit Tiwari.



World Yoga Day :-

On the occasion of International Yoga day- 21st June'2022, CARF hosted the yoga session composed of YPV, rhythmic yogic breathing exercise, forgiveness sadhna and divine group healing.

This session was headed by renowned yoga trainer –Ms. Sangeeta Das at CARF, Vikhroli office, which has proven beneficial to our patients and staff members.



Independence Day :-

On 15th August'2022, CARF celebrated Independence Day with patriotic spirit. On this joyous occasion with hearts filled with pride and gratitude, our organization commemorated this special day by wearing vibrant tri-color attire, hoisting the national flag, and spreading awareness through social media.





Republic Day :-

On 26th January'2023, CARF's organized celebration of Republic Day, which served as a powerful reminder that freedom, is not merely a date on the calendar but a priceless gift that should be cherished every day. By wearing tri-color attire, hoisting the flag, and sharing awareness posts, our CARF team demonstrated their unwavering commitment to building a stronger, more inclusive nation



Navratri Campaign Celebration :-

During the holy month of Navratras beginning from **26th September to 4th October'2022**, CARF organized a sponsorship campaign for sponsoring different types of kits to the deprived communities for their welfare and development. Also, shared different informative posts on all the 9 days of Navratri through different social media channels.



International Day of Charity :-

International day of charity is observed world- wide on 5th September every year. CARF organized different generous and awareness activities through social media posts on this day, emphasizing the importance of charity to the needy people and its impact on many precious lives.



World Blood Donor Day :-

“World Blood Donor's day” is observed on 14th June, annually every year across the world. CARF supported this event through various awareness programmes and conducting the blood donation camps at different locations throughout the year.



Malhar Festival :-

During the inter-collegiate festival of "**Malhar Fest**" at ST Xaviers College, Mumbai, CARF hosted the "**Cancer Awareness Stall**" and organized screen Cancer Awareness Films at the stall with distribution of literature & leaflets, which informed about the causes, prevention and cure of cancer among the students who attended this fest.



Women's Day :-

On 8th March'2022, on the occasion of Women's Day, CARF organized a wonderful get-together for its women employees and the management with cake-cutting and honor to them.



World Health Day :-

World Health day is celebrated world-over on 7th April annually, to commemorate the founding of World Health organization (WHO) in the year 1948. The theme for World health day for this year 2022 is – “*Our planet, our health.*” On this great occasion, CARF organized a free medical health check up for the cancer patients and their families. Through this event, we could contribute for health awareness and benefits for them, which will help them to lead a healthy life and well being. It gives us tremendous pleasure that our hard efforts in organizing this event benefited many under-privileged people.



World Fitness Day :-



On 23rd September'2022 – “World Fitness Day”- CARF arranged a fitness session for cancer kids at one of the best fitness centers known as “M/s. Fitness first” at Vikhroli. Through this session, the kids were explained by the fitness trainer about the different equipments and how it works towards the body fitness. Also they were given a short session on excellent ways to start exercising and a briefing on different basic fitness exercises.

Ganesh Chaturthi Festival :-

On the occasion of Ganeshotsav, in association and support from M/s. **Chinchpokli Sarvajanik Utsav Mandal**, CARF organized the stall for "**Cancer awareness programme**" for the **5 days period starting from 31st August'2022** - with distribution of literature and pamphlets composing of cancer care. Also, Bisleri water bottles with biscuits were freely distributed among the devotees visited for Ganpati darshan. The event stood as a shining example of how cultural celebrations can be harnessed to create awareness, spread compassion, and make a tangible difference in the lives of individuals and the community as a whole.



SURVIVOR STORY:-



“ Our happiness was in full swing as my daughter started to learn small words. Unfortunately, it was during 2021 our little world shattered when our daughter was diagnosed with a type of cancer “**Pre B Acute Lymphoblastic Leukaemia.**” During our difficult time we were supported by CARF with full dedication during her treatment plan. Now my child has successfully endured all her chemotherapy sessions and we visit the hospital only for follow ups. We are grateful to CARF for leading us to victory, even in the face of formidable obstacles.

- Hitanksha Girase

“ We felt lost when our Baby Dhruvi, was diagnosed with “**Acute Lymphoblastic Leukaemia.**” During our challenging journey of life, CARF stepped in, providing crucial financial support for all her chemotherapy sessions. Through their assistance, my child's health improved significantly. We will never forget the help CARF has provided to us.

- Dhruvi Pandurang Patil



○ SURVIVOR STORY:-



“

At the age of 48, I faced a life-altering challenge, when one day at work, I suddenly felt unbearable pain in my chest. Thereafter consulting the doctor and undergoing a routine mammography test, I received the devastating news of my "**Breast cancer**" diagnosis. Undeterred, I sought support from CARF. Thanks to their financial assistance, I could successfully complete the 12 gruelling cycles of chemotherapy. Now I attend hospital for regular follow-up appointments. I thank CARF for being my pillar of strength throughout the treatment plan.

”

- Jayshree Shantaram Joshi

“

During the year 2021-22, my daughter Prachi, was diagnosed with "**Glioblastoma**". It was a shocking experience for our family. The hefty treatment cost and the fear of this dreaded disease were painfully unbearable for us. We lost hope and financially felt helpless after hearing the huge treatment cost. We approached CARF and they helped us financially in her surgery and treatment plan. We are grateful to CARF for all their assistance and in making our depressive phase a courageous journey!

”

- Prachi Ravindra Mane



○ TESTIMONIALS:-



“

I always had great dreams for my son so that he can lead a good and peaceful life. This all came to a standstill when my son was diagnosed with a rare type of cancer –“**Acute Myeloid Leukaemia.**” CARF provided us the crucial financial assistance for his comprehensive treatment plan, ensuring he received the best care possible. They also offered us counseling with all emotional support. It has been four years of intense treatment for Devkumar, but CARF is still supporting us with all their care and encouragement. Best wishes to them!

”

- **Dev Kumar**

“

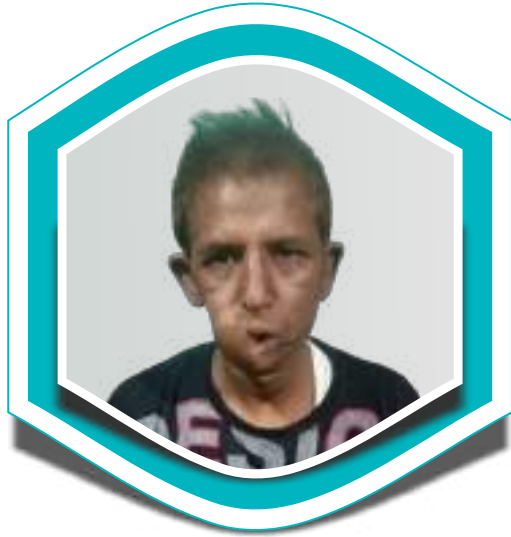
Our son Aryan was 14 years old when he began falling sick frequently with recurrent fever and stomach pain. None of the treatment impacted Aryan's health. After multiple tests, he was diagnosed with “**Relapsed Pre-B Acute Lymphoblastic Leukaemia.**” During this crucial phase, we approached CARF for financial help and they provided us the vital financial support due to which we could complete his seven chemotherapy cycles. Now his blood test reports are awaited for further treatment plans. We are thankful and indebted to CARF for their support!

”

- **Aryan Sandeep Pawar**



○ TESTIMONIALS:-



“ My life took an unexpected turn, when an increasing small lump appeared on the right side of my face. I sought medical help, and the biopsy reports revealed of an **“Oral cancer.”** Being a sole bread owner in the family, I faced multiple difficulties. In this challenging time, CARF offered us the financial support for my treatment plan. Beyond that, CARF also provided us with invaluable free counselling and equipped us with the mental strength needed to conquer this arduous journey. I appreciate and thank CARF for their unwavering commitment.

- **Vakeel Ahmad**

”

“ I am Anjani Thakur. Cancer disease brings trauma for the patient and also their relatives. This trauma came in our life, when my brother Deepak was diagnosed with a rare cancer -**“DMG Gastroinst.”** Our family felt overwhelmed and financially burdened. However, CARF became our guiding light. With their monetary support, Deepak's treatment plan became a reality. Today, as we witness Deepak's remarkable recovery, we extend our heartfelt thanks to CARF for fostering hope in our darkest hours.

- **Deepak Thakur**



HOW CARF INSPIRES YOUNGSTERS



SHRAVANI SUMANT RANE,

Lala Lajpatrai College of Commerce & Economics

“ My overall volunteering experience at CARF was amazing. Even all the staff is so overwhelmed, supportive, friendly, understanding. Volunteering also allows you to know you as well as people in the public. You deal directly with them on this social platform. ”



ABDUL YOUSUF,

Lala Lajpatrai College of Commerce & Economics

“ I always used to think to work for all needy people in this world. CARF gives you the opportunity to work for others. They even help you to grow and learn in context of society and motivates you to contribute to the society. ”



PRITESH SANJAY CHONKAR

Lala Lajpatrai College of Commerce & Economics

“ I am very pleased with my experience at CARF. By looking at there way of working, politeness, calmness was so amazing. They even excueted task for work. Their dedicated role for the well-being of cancer patients is worth appreciable. ”

On the occasion of Pitru Paksha month during **10th September to 25th September 2022**, CARF organized the memorial giving programme, and this sacred activity was participated by many people. During this auspicious divine period, many people chose this meaningful way to honor the memory of a loved one while also supporting our important causes in the field of cancer care and other social activities supporting the well-being of under privileged communities

MEMORIAL GIVING:-

| Sr. No | Donors Name | In Memory of |
|--------|---|--|
| 1. | Puri P. C. (Retd. Wg CDr.) | Late Mrs. N.P.C. Puri |
| 2. | R. K. Kansal Charitable Trust | Birth Anniversary of Founder SH. R. K. Kansal |
| 3. | Gupta Gaurav | In memory of Prof. Sukhdev Gupta |
| 4. | Pemberthi Raju Ramulu | Memorial Gift |
| 5. | R. K. Kansal Charitable Trust | In Late Memory of SH. R. K. Kansal |
| 6. | Lahorewalla Naim | In Late Memory of Mrs. Farzana |
| 7. | Priyanka Gaikwad | In Late Memory of Siddharth Shukla |
| 8. | Dhun and Maneck Shroff Memorial Trust, | Memorial Gift |

○ HONORS & AWARDS:-

ii) Honor & Appreciation from Anjuman-I-Islam's, Dr. MIJ Girls High School (Bandra):

CARF has been honored and appreciated by **Anjuman-I-Islam's, Dr. MIJ Girls High School (Bandra)** and also the news was covered in different Television channels for supporting and providing ambulance service to **Ms. Mubashshira Sayyed, their SSC student** to attend all her board examination after she met with a terrific accident.



BALANCE SHEET

The Maharashtra Public Trust Act, 1950
Schedule IX
[Vide Rule 17(1)]

CANCER AID & RESEARCH FOUNDATION (Regd. No. E - 19625 (Mumbai))
INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 2023

| EXPENDITURE | Rs. Ps. | | Ra. Ps. | INCOME | Rs. Ps. | | Ra. Ps. |
|---|---------|--|--------------------|-----------------------------|-----------|--|--------------------|
| | | | | | | | |
| EXPENDITURE IN RESPECT OF PROPERTIES : | | | | RENT: | | | |
| Security charges | | | | | | | |
| ESTABLISHMENT EXPENSES : | | | | INTEREST | | | |
| As Per details in Schedule 'D' attached | | | 1,02,71,341 | On Bank Accounts | 63,098 | | |
| Legal / Professional Fees | | | 12,87,614 | On Fixed Deposit | 12,47,394 | | 13,10,492 |
| Audit Fees | | | 1,18,000 | | | | |
| Depreciation on Fixed Assets | | | | Donation | | | 2,28,84,290 |
| As per Schedule 'A' attached | | | 10,37,609 | | | | |
| EXPENDITURE ON OBJECT OF THE TRUST | | | | Other Income | | | 6,542 |
| As per details in Schedule 'E' attached | | | 1,32,34,199 | | | | |
| INCOME & EXPENDITURE A/c: | | | | Deficit For the Year | | | 17,77,340 |
| Balance as per last Balance Sheet | | | | | | | |
| Less : Deficit for the year | | | | | | | |
| Significant Accounting Policies & Notes to Accounts As per Schedule 'F' | | | | | | | |
| TOTAL | | | 2,59,48,763 | TOTAL | | | 2,50,48,763 |

As per our report of even date
For F.C. RATHI & CO.
Chartered Accountants
Firm Registration No. 111799W

Prakash Rathi
Proprietor
Membership No. 045104
Date :
Place : Mumbai
UDIN-



For & on behalf of the Trust

[Signature]
Trustee

[Signature]
Trustee

[Signature]
Trustee

INCOME & EXPENDITURE

The Maharashtra Public Trust Act, 1958
Schedule VIII
(Yale Rule 1713)

CANCER AID & RESEARCH FOUNDATION (Regd. No. F-19225 Mumbai)
BALANCE SHEET AS AT 31ST MARCH, 2022

| FUNDS & LIABILITIES | Rs. | P. | Rs. | P. | PROPERTY & ASSETS | Rs. | P. | Rs. | P. |
|--|-------------|----|---------------------|----|--|-------------|----|---------------------|----|
| TRUST FUND OR CORPUS: | | | | | IMMOVABLE PROPERTIES | | | | |
| As per last Balance Sheet | 7,29,49,507 | | | | Office | 1,86,02,627 | | 1,86,02,627 | |
| Add: Corpus Donations recd during the year | 1,81,292 | | 2,81,30,917 | | | | | | |
| OTHER BARMARKED FUNDS: | | | | | OTHER FIXED ASSETS | | | | |
| CANCER HOSTEL & DIAGNOSTIC BUILDING FUND | | | | | As per Schedule 'A' attached | | | 63,07,834 | |
| As per last Balance Sheet | 4,31,29,005 | | | | CANCER HOSTEL & DIAGNOSTIC BUILDING | | | | |
| Add: Specific Donation (Building Fund) during the year | - | | 4,31,29,013 | | (Metsaght Project) | | | | |
| Car Office Fund | | | | | of Land | 70,64,674 | | | |
| As per last Balance Sheet | - | | | | of Work in Progress | 3,15,80,120 | | | |
| Add: Transfer from Capital Reserve Fund | - | | | | Add : During the Year | 1,50,645 | | 3,52,05,449 | |
| Add: Specific Donation (Building Fund) during the year | - | | | | | | | | |
| Capital Reserve Fund | | | | | ADVANCES & DEPOSITS: | | | | |
| Less: Transfer to CARP after 5% on 01 Fund | 2,43,00,282 | | 2,43,00,282 | | As per Schedule 'B' attached | | | 98,35,595 | |
| Life Membershs Fund | | | | | CASH & BANK BALANCE: | | | | |
| Add during the year | 1,38,035 | | 1,38,035 | | As per Schedule 'C' attached | | | 2,46,14,737 | |
| LIABILITIES: | | | | | | | | | |
| For Statutory Dues | 9,22,642 | | | | | | | | |
| For Expenses | 15,58,034 | | 24,80,676 | | | | | | |
| INCOME & EXPENDITURE A/c | | | | | | | | | |
| Balance as per last Balance Sheet | 2,07,91,991 | | | | | | | | |
| Excess Interest of earlier years' revenues | - | | | | | | | | |
| Less: Deficit for the year | 17,77,340 | | 1,90,14,651 | | | | | | |
| Significant Accounting Policies & Notes to Accounts As per Schedule 'D' | | | | | | | | | |
| TOTAL | | | 11,86,60,226 | | TOTAL | | | 11,86,60,226 | |

As per our report of even date
For P.C. RATHI & CO.
Chartered Accountants
Firm Registration No. 1117992

Pankaj Rathi
Partner
Membership No. 040104
Date :
Place : Mumbai
UDIN:



For & on behalf of the Trust

Trustee

Trustee

Trustee

CREDIBILITY ALLIANCE REPORT

BANKER:-

| BANK NAME | A/C NO. | | IFSC CODE | | BANK BRANCH |
|-----------------------|-----------------|-----------------|---|-------------|--|
| AXIS BANK | 465010100006248 | 919010081503467 | UTIB0000465 | UTIB0002064 | LAMINGTON ROAD MUMBAI - 400 007 VIKHROLI (W) 400 0071 |
| IDBI BANK | 026104000080088 | 026104000229326 | IBKL0000026 | | PRABHADEVI BRANCH, MUMBAI - 400 025 |
| UNION BANK OF INDIA | 316202010022650 | 316202011001357 | UBIN0531626 | | BYCULLA (E) BRANCH, MUMBAI - 400 010 |
| BANK OF BARODA | 03880100009711 | | BAB0VIKHRO (Fifth Character is Zero) | | VIKHROLI (W) BRANCH, MUMBAI - 400 083 |
| IDFC FIRST BANK | 10051311955 | | IDFB0040146 | | BHANDUP (W), MUMBAI - 400 078 |
| STATE BANK OF INDIA | 30259036802 | 10041949740 | SBIN0001406 | | VIKHROLI (W) BRANCH, MUMBAI - 400 083 |
| STATE BANK OF INDIA | 30003671701 | 10041949740 | SBIN0001406 | | VIKHROLI (W) BRANCH, MUMBAI - 400 083 |
| ICICI BANK | 054601001624 | | ICIC0000546 | | MAHALAXMI, MUMBAI - 400 011 |
| KOTAK MAHINDRA BANK | 9712434547 | | KKBK0001428 | | MAZGAON, MUMBAI - 400 010 |
| HDFC BANK | 12121450000059 | | HDFC0001207 | | MARINE DRIVE, MUMBAI - 400 020 |
| CENTRAL BANK OF INDIA | 3190436376 | | CBIN0280632 | | BYCULLA (E), MUMBAI - 400 027 |

Auditor:

P. C. Rathi & Co. (Chartered Accountant) 4th Floor, Cavel Cross No. 4, Kalbadevi Road, Mumbai - 400 002.

Internal Auditor:

Anand Jain & Associates (Chartered Accountant) 46, Mulji Jetha Bldg. 2nd Floor, 187, Princess Street, Mumbai - 400 002

Freelance Advocate : Adv. Owais Pechkar

Office No. 1007, 10th Floor, Satra Plaza, Palm Beach Road, Plot No. 19 & 20, Sector 19D, Vashi, Navi Mumbai.



An Appeal from

CANCER AID RESEARCH & FOUNDATION (CARF)

Cancer Aid & Research Foundation (CARF) has marked its imprint since its past long journey of 22 years, by granting timely financial support to the marginalized cancer patients for their treatment. Now, we have grown to a patient friendly foundation with all the support and generosity from existing CSR's, supporters and other donors. Our ultimate goal is to make the cancer care easy and a reality. We are sure with your trust and support we can together build a "Cancer Free Nation."

We understand the fact that an individual being diagnosed with cancer has poor impact on their emotional health including their families & caregivers. During this time they desperately need help, support, and encouragement. Therefore, considering all these factors, CARF not only provides financial assistance for their treatment, but also stands with them by giving them the strong emotional support as that tends them to adjust to the changes that Cancer brings into their lives. We are involved into different activities right from fund raising to holding different events such as Cheque distribution, charity events, food distribution, Doctor's Direct & live sessions, yoga sessions, medical camps, awareness programmes, celebration of different events like - Rose day, World Cancer day, kid's fun events, and also distributing free medicines and different kits like food kits, ration kits, male hygiene kits, female hygiene kits and general kits during different events and medical camps for the needy cancer patients and other diseased people. And, we are heartily thankful to all our donors, well-wishers and CSR partners for all their efforts in making this incredible work possible that has accelerated innovation and enhanced patient care with good progress.

We kindly request all our donors, supporters and well-wishers to continue supporting us with your generosity and encouragement further helping us to reach our goals for human welfare.

- Your donation is entitled for exemption under section 80G of Income tax.
- Donors can remit directly through credit card.
- Kindly send your postal address and telephone number along with cheque or draft, mentioning patient's name and Pan No. on the reverse of the cheques.

For online donation please visit our website www.cancerarfoundation.org

**We appeal to you to send your donation,
by Cheque / D.D. in the name of
"CANCER AID & RESEARCH FOUNDATION"**



Estd. 2001
Regd. No. E19625 (Mum)

DONATION FORM

CARF PAN No : AAATC3013B

Yes ! I Mr/Mrs/Ms. _____ want to support Cancer Patient General donation Corpus fund
 ₹ 1000 ₹ 2000 ₹ 5000 ₹ 10,000 ₹ 20,000 Any other amount _____

1. I have enclosed a cheque/DD No. _____ Dated _____ Drawn on (Bank) _____ Deposit Date _____

2. I am Directly Depositing into following Account :

| Name | Branch | IFSC Code | Account No. |
|---------------------|----------------------|-------------|-----------------|
| ICICI Bank | Mahalaxmi Branch | ICIC0000546 | 054601001624 |
| Union Bank of India | Byculla Branch | UBIN0531626 | 316202010022650 |
| State Bank of India | Vikhroli (W), Branch | SBIN0001406 | 10041949740 |

UPI Payments accepted here
Scan QR Code below with your PISH App



U pi ID:
38207432129@abi

3. I am directly remitting through credit/debit card/Netbanking on your website : www.cancerfoundation.org

PERSONAL DETAILS :

Add : _____

Birth Details : (DD/MM/YY) _____ Mobile No. : _____

Tel No. : _____ Email address : _____ PAN No. : _____

Thank you!

Your data and contribution will be kept strictly confidential.

SOCIAL MEDIA



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Linkdin <https://www.linkedin.com/company/cancer-aid-research-foundation>



Twitter [@https://twitter.com/CARF3](https://twitter.com/CARF3)



Youtube channel <https://www.youtube.com/user/cancerar1>

Before we conclude, we express our gratitude to all of you for your unstinted co-operation and hope that with the same co-operation in future we shall be able to realize our cherished dream.

Yours in co-operation

Sd/-
Mr. Shamshi Mulla
Chairman

Sd/-
Mrs. Savita Nathani
C.E.O.



CANCER AID & RESEARCH FOUNDATION

Head Office : Unit No. 103, Shivkripa Industrial Estate, Vikhroli West, Mumbai - 400 083

Tel. : 022-2300 7000/8000 / 2301 6000 / 2305 3602/3607 / 2306 4443/0088

Adm. office : Byculla Municipal School Bldg., Grd. Floor, N. M. Joshi Marg, Near 'S' Bridge, Byculla (W), Mumbai-11.

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Published by : Mrs. Savita Nathani, Chief Executive Officer

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